



Want to win a UTM Campus Recreation t-shirt?

1. Follow us on Instagram
[@utm_campusrec](https://www.instagram.com/utm_campusrec)
2. Take a selfie at four WELLNESS WEDNESDAYS with the hosts
3. Post and tag us on your Instagram account

4pm-6pm | Student Recreation Center lobby
Every 2nd Wednesday
January-April

UTM
CAMPUS RECREATION