Final Exam Checklist

   - List your finals schedule on your calendar, in your phone and on message board.
2. Organize class notes for each class.
   - Include past quizzes, tests, and study guides.
3. Check with instructor to see if all required work has been turned in and ask questions about areas of class work you do not understand.
4. Do not procrastinate!
   - Start review early – **now!**
   - Budget your time.
   - Attend group study sessions if available.
   - Review for each subject daily.
   - Be sure to include study breaks during study sessions.
5. Take care of your body!
   - Eat regularly (Healthy food not junk)
   - Rest (Be sure to set your alarm so that you do not oversleep)
   - Exercise