

Inventory of Factors Limiting Success

Complete this form by marking an X in front of each item that, in general, limits your success. Put a circle around the X for issues that bothered you the most. Use this as a basis for your initial discussion with a mentor.

Goals and Direction

- Unsure of interests
- No clear career goals
- Unable to decide on major (undeclared)
- Unsure of present major
- Need help to match abilities to choice of major
- Not sure I want to be in college
- Not sure UTM is right place for me
- Other:

Academic Issues

- General lack of study skills
- Insufficient reading skills to cover tasks
- Insufficient math skills
- Poor organization skills
- Poor note taking skills in lectures
- Poor high school preparation
- Unable to understand course material
- Too heavy a course load (# of hours _____)
- Faculty not available during office hours
- Unable to get tutoring
- Other:

Class Attendance

- Overall pattern of class attendance – check appropriate level:
- 95-100%
 - 75-94%
 - 50-74%
 - 25-49%
 - Less than 25%
 - Lack of attendance has limited my success
 - Other:

Time Management

- Difficulty with time management
- Poor study environment
- Lack of time spent on course preparation
- Working too many hours
- Too many hours in athletics
- Too many hours in activities
- Too much leisure time or recreation
- Other:

Personal Issues

- Physical illness
- Physical injury
- Financial problems
- Dating or other relationship problems
- Housing, roommate issues
- Racial or other diversity issues
- Loneliness
- Can't make friends
- Homesickness
- Distracted by family problems at home
- I have substantial family commitments
- Use of alcohol or other substance abuse
- Can't find meaning for anything
- Can't handle stress
- Feel overwhelmed much of the time
- Feel "blue"
- Other: