

July 18, 2018

"Kiwanis is a global organization of volunteers dedicated to improving the world, one child and one community at a time."

Program

Nick Dunagan, President Martin Public Library Foundation,
"The Library Building Project"

Future Programs

July 26 — Club Cookout, Trinity Presbyterian (6:00–8:00))

Club News



At last week's meeting, Brian Smith demonstrated dry needling on patient Frank Black. In his work as a trained physical therapist, Brian indicated that patients can experience relief from chronic pain by using the technique.

According to Wikipedia, dry needling, also known as myofascial trigger point dry needling, is an unproven technique

in [alternative medicine](#). The origin of the term "dry needling" is attributed to [Janet G. Travell](#) in 1999. Travell used the term "dry needling" to differentiate between two hypodermic needle techniques when performing [trigger point](#) therapy. The two techniques Travell described are the injection of a local anesthetic and the mechanical use of a hypodermic needle without injecting a solution. In the treatment of [trigger points](#) for persons with [myofascial pain syndrome](#), dry needling is a procedure in which a filiform needle is inserted into the skin and muscle directly at a myofascial trigger point. Proper dry needling of a myofascial trigger point will elicit a local twitch response in which the muscle fibers in the taut band of muscle contract.

Club Gift Basket: the club's gift basket to the raffle at the District Convention has the theme "Italian Bistro Dinner." Accordingly donations dealing with that theme are sought. Ideas range from pasta, vino Italiano, parmigiano reggiano, prosciutto, pesto, marinara sauce, cash, or whatever hits your fancy. Items may be brought to the meeting on the 18th, the club cookout on the 26th or to the meeting August 1.

Martin Kiwanis Calendar

July 25 — No meeting
July 26 — Kiwanis Family Cookout, Trinity Presbyterian Church
Aug. 3 — Aug 5 LaMissTenn District Convention, Baton Rouge, LA
Sept. 3 — Soybean Festival Talent Show
Sept. 5 — Crossroads Luncheon
Sept. 8 — Soybean Festival 5k
Sept. 28 — BBQ Lunch at Work Day
Oct. 27 — Kiwanis One Day

July Birthdays

Annie Jones July 14
Bill Austin July 25

July Anniversaries

S.K. Airee..... July 7



Frank Black, Bill Austin, Anna Clark, Steve Lemond, Vickie Hazlewood (with guest Braedyn Hazlewood) and Jim Clark attended the regional Leadership Education Conference at Baptist Hospital in Uncion City. The featured presenter was Nettles Brown, (above left) a former Kiwanis International president (1999—2000).

Martin Kiwanian Orrin Cowley speaks to the participants of the Pee Wee Edwards Basketball Camp about making right choices. The camp was held July 11-12 at Martin Middle School. Kiwanian Clinton Smith, who continues to be actively involved in programs that support children and youth, was one of the instructors at the camp Pee Wee Edwards, a former Westview star basketball player, and his wife Tracey are camp organizers.

Active Members

SK Airee
Bill Austin
Anita Bell
Mary Elizabeth Bell
Frank Black
Evelyn Blythe
Natalie Boyd
Otha Britton
David Brodrick
Anna Clark
Jim Clark
Orrin Cowley
Danelle Fabianich
Ann Gathers
Bettye Giles
Vickie Hazlewood
Harry Henderson
Jessica Hightower
Annie Jones
Steve Lemond
John Mayros
Jayne Parrish
Roberta Peacock
Keith Pettit
Linda Ramsey
Christie Ricketts
Sara Sieber
Clinton Smith
David Spencer
David Sudberry
Jamie Summers
Laura Taylor
Earl Wright

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