

THE UNIVERSITY OF TENNESSEE AT MARTIN  
 B.S. in Health and Human Performance  
 Concentration: EXERCISE SCIENCE AND WELLNESS

120/121 Semester Hours

Catalog 2015-2016

AME \_\_\_\_\_

ID# \_\_\_\_\_

Course	Grade	Hours	Course	Grade	Hours
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**General Education Core (38/39 hours)**

**Exercise Science/Wellness Core (50 hours)**

BIO 140 (min. C grade required)	_____	4
COMM 230	_____	3
ENG 110 or 111	_____	3/4
ENG 112	_____	3
HLTH 111	_____	3
ZOOL 251 (min. C grade required)	_____	4
MATH 140 or ABOVE	_____	3
NUTR 100	_____	3

EXSC 305	_____	3
EXSC 430*	_____	3
EXSC 429 (take with 430)	_____	1
EXSC 431***	_____	3
EXSC 433**	_____	3
EXSC 434***	_____	3
EXSC 436***	_____	3

**Fine Arts Elective: (3 hours)**

*(Choose from approved gen. ed. listing)*

_____	_____	3
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HLTH 220	_____	3
HHP 330	_____	3
HHP 410	_____	3

**Humanities Elective: (9 hours)**

*(Choose from approved gen. ed. listing)*

_____	_____	3
_____	_____	3
_____	_____	3

HPER 327	_____	3
HPER 350	_____	3
HPER 415	_____	3
HPER 432	_____	3
HPER 435 or (NUTR 322, 443)	_____	3
HPER 440	_____	3
ZOOL 352	_____	4

**Additional HHP General Education Requirements: (20 hours)**

*\*PSYC 101 is a pre req. for HPER 432.*

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**World of Practice (12 Hours) Internship**

HHP 491	_____	12
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**Senior Year**

ETS Academic Profile Test	_____
HHP Exit Exam (HHP 491)	_____
HHP Exit Interview	_____

**\* Pre-req is Zoo 251**  
**\*\* Pre-req is EXSC 431**  
**\*\*\* Pre-req is EXSC 430**

*A letter grade of "C" or better is required in all Departmental Courses.*

**Total**      20

*75% of Exercise Science & Wellness Concentration coursework must be taken at this university. Courses that must be taken here are EXSC 429, 431, 433 and 434, HPER 327, 491.*

3/11/2015