

THE UNIVERSITY OF TENNESSEE AT MARTIN
B.S. in Health and Human Performance
Concentration: EXERCISE SCIENCE AND WELLNESS

120/121 Semester Hours

Catalog 2016-2017

NAME _____

ID # _____

General Education Core (38/39 hours)

Course	Grade	Hours
BIO 140 (min. C grade required)		4
COMM 230		3
ENG 110 or 111*		3/4
ENG 112		3
HLTH 111		3
ZOOL 251 (min. C grade required)		4
MATH 140 or Above		3
NUTR 100		3

Fine Arts Elective: ART 110; ARTH 210, 211; DANC 110; MUS 111, 112, 113; THEA 110, 111.		3
Humanities Elective (select 3): ENGL 250, 251, 260, 261, 270, 271; FREN 250; GERM 250; HIST 121, 122, 201, 202; HONR 111; PHIL 110, 120, 130, 160; SPAN 250.		3
		3
		3

Additional HHP General Education Requirements – choose 20 hours from:

BIOL 130, 300, 336; CHEM 111-112 or 121-122; CFS 100, CSCI 201; EXSC 485 Wksh*; HLTH 485 Wksh*; MATH 210; MBIO 251, 310, OR 311; MUS 365; NUTR 322, 422, 433, or 455; PHIL 110, 120, 130, 160, 350; PHYS 101-102 or 211-212; PSYCH 120, 312, 313, 350; PSYCH 365 TP: (Hlth Psychology); SOC 201, 202; SPMG 305		
	TOTAL	20

Gen Ed req met
2.0 GPA UTM & Overall GPA
Max 9 hrs UD transfer
Min grade C in major Courses
60 hours from 4 year institution
25% of hours completed at UTM

Exercise Science/Wellness Core (50 hours)

Course	Grade	Hours
EXSC 305		3
EXSC 430*		3
EXSC 429 (take with 430)		1
EXSC 431***		3
EXSC 433**		3
EXSC 434***		3
EXSC 436***		3
HLTH 220		3
HHP 330		3
HLTH 427		3
HPER 327		3
HPER 350		3
HPER 415		3
HPER 432		3
HPER 435 or (NUTR 322, 443)		3
HPER 440		3
ZOOL 352		4

World of Practice (12 hours)

HPER 491		12
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Senior Year

Post Comp Exam	
HHP Exit Exam (HPER 491)	
HHP Exit Interview	

* Pre-req is Zoo 251

** Pre-req is EXSC 431

*** Pre-req is EXSC 430

A letter grade of “C” or better is required in all departmental courses.

75% of Exercise Science & Wellness Concentration coursework must be taken at this university. Courses that must be taken here are EXSC 429, 431, 433 and 434, HPER 327, 491.

