

**THE UNIVERSITY OF TENNESSEE AT MARTIN**  
**B.S. in Health and Human Performance**  
**Concentration: EXERCISE SCIENCE AND WELLNESS**

120/121 Semester Hours

Catalog 2012-2013

NAME \_\_\_\_\_

ID # \_\_\_\_\_

<u>Course</u>	<u>Grade</u>	<u>Hours</u>	<u>Course</u>	<u>Grade</u>	<u>Hours</u>
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**General Education Core (38/39 hours)**

BIO 140 (min. C grade required)	_____	4
COMM 230	_____	3
ENG 110 or 111*	_____	3/4
ENG 112	_____	3
HLTH 111	_____	3
ZOOL 251 (min. C grade required)	_____	4
MATH 140 or above	_____	3
PSYC 101	_____	3
<b>Fine Arts Elective:</b> <i>ART 110; ARTH 210, 211; DANC 110; MUS 111, 112, 113; THEA 110, 111</i>	_____	3
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<b>Humanities Elective</b> (select 3): <i>ENGL 250, 251, 260, 261, 270, 271; FREN 250; GERM 250; HIST 121, 122, 201, 202; HONR 111; PHIL 110, 120, 130, 160; SPAN 250</i>	_____	3
_____	_____	3
_____	_____	3
_____	_____	3

**Additional HHP General Education**

**Requirements – choose 20 hours from:**  
 BIOL 130, 300; 336 CHEM 111-112 or 121-122;  
 CFS 100; CSCI 201; EXSC 485 Wksh\*; HLTH 485 Wksh\*;  
 MATH 210; MBIO 251, 310, OR 311; MUS 365;  
 NUTR 322, 422, 433, or 455; PHIL 110, 120, 130, 160, 350;  
 PHYS 101-102 or 211-212; PSYCH 312, 313, 350; PSYCH 365 TP: (Hlth Psychology); SOC 101, 201, 202;  
 SPMG 305 (\* instructor’s approval required)

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
<b>Total</b>		<b><u>20</u></b>

**Exercise Science/Wellness Core (50 hours)**

EXSC 305	_____	3
EXSC 430	_____	3
EXSC 429 (take w/ 430)	_____	1
EXSC 431	_____	3
EXSC 433 or 434	_____	3
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HLTH 220	_____	3
HLTH 330	_____	3
HLTH 351	_____	3
HLTH 410	_____	3
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HPER 207	_____	3
HPER 350	_____	3
HPER 415	_____	3
HPER 432	_____	3
HPER 435	_____	3
HPER 440	_____	3
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NUTR 100	_____	3
ZOOL 352	_____	4

**World of Practice (12 hours)**

HPER 491	_____	12
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**Senior Year**

ETS Academic Profile Test	_____
HHP Exit Exam (HPER 491)	_____
HHP Exit Interview	_____

**\*\* The university requires a grade of “C” or better in English 110 or 111 and 112.**

**\*\* A letter grade of “C” or better is required in all departmental courses.**

**\*\*75% of Exercise Science & Wellness Concentration coursework must be taken at this university. Courses that must be taken here are EXSC 429, 431, 433 or 434, HPER 207, 491.**