NAME: 2014-2015 catalog (F'13)

| **EXERCISE SCIENCE Course Sequence** | 1st Fall | 1st Sp | 2nd Fall | 2nd Sp | 3rd Fall | 3rd Sp | 4th Fall | 4th Sp |
|---|---|---|---|---|---|---|---|---|
| **Freshman Fall Semester (16 hours)** | | | | | | | | |
| ENG 111 - English Composition | | | | | | | | |
| **BIOL 140 - Principles of Biology II** | | | | | | | | |
| HLTH 111 - Principles & Concepts of Personal Health | | | | | | | | |
| **NUTR 100 - (or above)- Intro Nutrition (prereq to HPER 435)** | | | | | | | | |
| Fine Arts Elective #1 | | | | | | | | |
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| **Freshman Spring Semester (16 hours)** | | | | | | | | |
| ENGL 112 - English Composition | | | | | | | | |
| **HLTH 220 - Advanced CPR & First Aid** | | | | | | | | |
| **ZOOL 251 - Human Anatomy & Physiology** | | | | | | | | |
| **COMM 230 - Public Speaking** | | | | | | | | |
| PSYC 101 - (prereq to HPER 432) | | | | | | | | |
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| **Sophomore Fall Semester (16 hours)** | | | | | | | | |
| MATH 140 - (or above) - College Algebra | | | | | | | | |
| **ZOOL 352 - Human Anatomy & Physiology (prior to EXSC 430)** | | | | | | | | |
| **HPER 327 - Techniques in Fitness Training** | | | | | | | | |
| **ATRN 200 - Athletic Training** | | | | | | | | |
| Humanities Elective #1 | | | | | | | | |
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| **Sophomore Spring Semester (16 hours)** | | | | | | | | |
| **PHYS 101 - (or 211) Physics in Everyday Life (prior to EXSC 305)** | | | | | | | | |
| **HHP 330 - Intro to Epidemology** | | | | | | | | |
| **HPER 350 - Motor Dev/Learn Across Life Span** | | | | | | | | |
| **HHP Elective** | | | | | | | | |
| Humanities Elective #2 | | | | | | | | |
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| **Junior Fall Semester (16 hours)** | | | | | | | | |
| **Chem 111 or above** | | | | | | | | |
| **EXSC 430 - Exercise Physiology (coreq 429)** | | | | | | | | |
| **EXSC 429 - Applications in Exercise Physiology (coreq 430)** | | | | | | | | |
| **EXSC 305 - Applied Human Movement** | | | | | | | | |
| **HHP Elective** | | | | | | | | |
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| **Junior Spring Semester (15 hours)** | | | | | | | | |
| **EXSC 431 - Exercise Testing and Prescription: Gen Pops** | | | | | | | | |
| **HHP 410 - Health Education/Promotion** | | | | | | | | |
| **HPER 432 - Sports and Exercise Psychology (prereq 110 or 120)** | | | | | | | | |
| Humanities Elective # 3 | | | | | | | | |
| **HHP Elective** | | | | | | | | |
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| **Senior Fall Semester (15 hours)** | | | | | | | | |
| **EXSC 433 - Exerc Test and Pres: Spec Pops or 434 Athletic Pops** | | | | | | | | |
| **EXSC 436- Intro into Electrocardiograph** | | | | | | | | |
| **HPER 440 - Evaluation in Human Performance** | | | | | | | | |
| **HPER 435 - Nutrition for Health, Fitness, and Sport** | | | | | | | | |
| **HPER 415 - Professional Leadership** | | | | | | | | |
| **HHP Elective (only if *ALL* HHp electives were 3 hours)** | | | | | | | | |
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| **Senior Spring Semester (12 hours)** | | | | | | | | |
| **HPER 491 - Internship (including EXIT EXAM)** | | | | | | | | |
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